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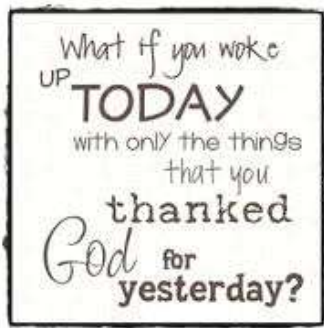
Facebook (Deaf): [www.facebook.com/auslan.live](http://www.facebook.com/auslan.live)

## EMMANUEL NEWS – JULY 2015

### COMING EVENTS AS WE GO TO PRESS

(Check before coming, could be changed. Look inside for more.)

19 Jul 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint) 10.30-12: Auslan Café	20 Jul 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: Activities (Lesley)	21 Jul 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Activities (Lesley) 1-2pm: Individual and Group Activities (Lesley) Bible Study	22 Jul	23 Jul	24 Jul	25 Jul
26 Jul 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint)	27 Jul 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: DRUMBEAT	28 Jul 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Scrapbooking with Sharon 1-2pm: : Individual and Group Activities (Lesley) Bible Study	29 Jul	30 Jul	31 Jul	1 Aug MHFA TRAINING COURSE
2 Aug 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint), followed by morning tea	3 Aug 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: Activities (Lesley)	4 Aug 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Knitting and Weaving with Lesley 1-2pm: : Individual and Group Activities (Lesley) Bible Study	5 Aug	6 Aug	7 Aug	8 Aug MHFA TRAINING COURSE
9 Aug 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint)	10 Aug 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: DRUMBEAT	11 Aug 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Science Activities with Fr Paul 1-2pm: : Individual and Group Activities (Lesley) Bible Study 7pm Marriage Mass St Mary's Cathedral	12 Aug	13 Aug	14 Aug	15 Aug MHFA CATHOLIC NETWORK MEETING
16 Aug 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint) 10.30am-12pm: Auslan Café	17 Aug 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm (Lesley)	18 Aug 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Singing with Chris 1-2pm: : Individual and Group Activities (Lesley) Bible Study	19 Aug	20 Aug	21 Aug	22 Aug
23 Aug 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint)	24 Aug 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: DRUMBEAT	25 Aug 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Scrapbooking with Sharon 1-2pm: : Individual and Group Activities (Lesley) Bible Study	26 Aug	27 Aug	28 Aug	29 Aug
30 Aug 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint)	31 Aug 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: (Lesley)	1 Sep 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Knitting and Weaving with Lesley 1-2pm: : Individual and Group Activities (Lesley) Bible Study	2 Sep	3 Sep	4 Sep	5 Sep
6 Sep 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint) followed by morning tea	7 Sep 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: DRUMBEAT	8 Sep 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Activities (Lesley) 1-2pm: : Individual and Group Activities (Lesley) Bible Study	9 Sep	10 Sep	11 Sep	12 Sep
13 Sep 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint)	14 Sep 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: (Lesley)	15 Sep 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Activities (Lesley) 1-2pm: : Individual and Group Activities (Lesley) Bible Study	16 Sep	17 Sep	18 Sep	19 Sep
20 Sep 9.30am: Mass at St Francis Xavier Church (Interpreter & PowerPoint) 10.30am-12pm: Auslan Café	21 Sep 9.45-10.45am: Challenges 11am-12.30pm: Activities (Lesley) 1-2pm: DRUMBEAT	22 Sep 9.30-10.30am: Painting (Geoff) 11am-12.30pm: Scrapbooking with Edith 1-2pm: : Individual and Group Activities (Lesley) Bible Study	NO PROGRAMS AT EMMANUEL CENTRE BETWEEN 28 SEP AND 11 OCT. PROGRAMS BEGIN AGAIN MONDAY 12 OCTOBER 2015			



I've come to realize that one of the things that I do very well is to take things for granted. For example, when I pick up the telephone at work I just expect it to work. When it doesn't work, I get agitated. You can imagine what I was like when our entire phone system stopped working. This meant that we did not have access to the Internet, our fax machine would not work, and our answering machine was of no use whatsoever.

Because I'm the coordinator that meant that I copped the frustration of every one. It wasn't all that long ago when our main phone line was out of action for nearly two months. On the secondary phone line we could not make STD or calls

to mobile phones because we had blocked it from doing that probably 25 years ago. We found out that we could not unblock it now because we were not authorized. We asked, "Who is authorized?" The response, "We can't tell you that because of the privacy laws." Fortunately a sympathetic operator while not giving us the name directly gave us enough clues to identify the person.

The cost for all of this mess up is more than just the rental cost of a phone that doesn't work. It took its toll psychologically on all of us. People trying to reach us were frustrated, too.

In times like this I think back to my visit to Egypt. No pyramids are more celebrated than the Great Pyramids of Giza, located on a plateau on the west bank of the Nile River, on the outskirts of modern-day Cairo. The oldest and largest of the three pyramids at Giza, known as the Great Pyramid, is the only surviving structure out of the famed seven wonders of the ancient world. It was built for Khufu (Cheops, in Greek), Sneferu's successor and the second of the eight kings of the fourth dynasty. Though Khufu reigned for 23 years (2589-2566 B.C.), relatively little is known of his reign beyond the grandeur of his pyramid. The sides of the pyramid's base average 755.75 feet (230 metres), and its original height was 481.4 feet (147 metres), making it the largest pyramid in the world. The pyramids are so astonishingly beautiful and massive. I thought about how much science and technology and overall cleverness it took to make them. What happened to that civilisation? Did the Egyptians depend too much on technology? Are we going down the same track?



Do you remember writing letters? Do you remember the anticipation of going to the letter box and wondering what communication will be there? Or perhaps you were hoping that your application for enrolment in a particular course of study was approved. Perhaps you were waiting on a cheque from Aunty for your birthday. Today we do banking over the internet.

Life was slower then. Today we expect, perhaps demand, instant communications at all times. Remember how you used to write a letter in response to a situation and sit on it for a few days? Then perhaps you made some changes after thinking about it.

I wonder if I take people for granted, too. I am surrounded by many many people who make my life so much easier. One volunteer as soon as she comes in asks me if I want a cup of tea or coffee or Milo or something. And she always makes it the way I like it. Another woman is always prepared to listen to me. I can ring her any time. When I come to the centre and the veranda is swept I know that somebody took the time to do that.

#### **I started to make a list of Gifts God has given me**

1. The gift of a Saviour: "Jesus
2. The gift of God's love: "With unfailing love
3. The gift of God's grace: "it is the gift of God, not of works,
4. The gift of God's peace:"Peace of mind and heart.
5. The gift of God's Holy Spirit: You will receive power when the Holy Spirit comes upon you..." -
6. The gift of a brand new life: a new creation.

7. The gift of freedom from sin: "free you from the power of sin that leads to death."
8. The gift of supernatural strength: through Christ who gives me strength."
9. The gift of purpose: "For I know the plans I have for you says the Lord,
10. The gift of prayer/ direct access to God:
11. The gift of hope: Will fill you completely with joy and peace because you trust in him.

*Barbara*

20  
15

THE NATIONAL  
STANDARDS FOR  
VOLUNTEER  
INVOLVEMENT



There is no doubt about it that volunteering is an important part of our society. Emmanuel Centre as a self-help organisation with no government funding would never be able to survive without its volunteers, and for that we would always be grateful for all your involvement, contribution, and dedication.

Volunteering is a two-way relationship: For not-for-profit organisations like Emmanuel Centre, we could run programs and activities that benefit the community by involving volunteers. For volunteers, they could make meaningful use of their time and skills. Meaningful activity in turn promotes a sense of belonging, usefulness, and general wellbeing.

In order to manage this relationship, Australia has a national standard for involving volunteers. This standard is important for organisations as a guidance on how to attract, manage and retain volunteers; and also manage risk and safety in our work with volunteers. The standard also benefits volunteers by helping improve the volunteering experience.

During National Volunteer Week (11-17 May 2015), a new national standard for involving volunteers was launched. It incorporates significant changes to the original standards (which has been in use since 2001) in order to reflect best practice in volunteer management. It addresses areas such as leadership and management, volunteer roles, workplace safety and wellbeing, volunteer recognition, quality management and continuous improvement.

If you would like to download a full copy of the new standards or find out any information about volunteering, visit [www.volunteeringaustralia.org](http://www.volunteeringaustralia.org).

## MENTAL HEALTH WEEK REFLECTION AND MASS

**Saturday 10<sup>th</sup> OCTOBER 2015**



The day will begin with a reflection on God's nearness to us followed by Mass and Lunch with another reflection after lunch on our nearness to God.

## PICNIC AND GAMES IN THE PARK

**Saturday 17<sup>th</sup> OCTOBER  
2015.**



Come and join with our Deaf Community for a relaxing time in JUST BEING TOGETHER. Every shared meal is a Mystery Meal. What surprise will you have for us? At this time the venue chosen will be Hyde Park but that might change.

(More information in the next Newsletter.)

# EXPOSING A HIDDEN SHAME

(article edited from *The Australian*, 4<sup>th</sup> May 2015)

Peta Doig was nobody and everybody all at once. Institutionalised at the age of eight with multiple disabilities, she lived for decades locked away from society before her death in January 2013. For the last six years of her life, she had no contact with family and no meaningful relationships with anyone outside hospital. She lived desperately afraid of the people around her, perhaps because she was vulnerable to sexual exploitations. She spent her last days in agony, banging her head repeatedly, and then her heart stopped.

Peta couldn't have known that she was just one of many. As the federal Senate inquiry into abuse and neglect of people with disabilities moves across the country, the brutal scale of the problem is beginning to emerge. Not that anybody working in the sector is surprised. They've been crying about it for decades but it was a struggle to even establish the inquiry and get people to listen to the often horrific details.

A 13-year old girl raped on a school bus and given detention, a man with an unexplained mutilated penis, police asking abusive spouses to interpret for their deaf victims, a woman carted to court in the back of a ute because her wheelchair wouldn't fit in the cars available. The institutions mentioned in the evidence include places where people with disability live, but also the justice system, the police, service providers, schools, and the community at large. At every turn there is evidence that these problems emerge because the systems are making people with disability vulnerable.

Sally Robinson, a research fellow at Southern Cross University tells a story of her research in which she interviewed nine people with intellectual disabilities about their care. Between them they recorded 228 separate incidents of abuse. Just two were successful in making a complaint. "That shows how hard it is for people to make complaints," she says. "There is a system to respond to abuse but it is set up to respond to critical incidents or extreme situations. It's not set up to appreciate the fact that what happens most often is this constant poor treatment."

There is no reporting scheme in Australia that comes close to painting a faithful picture of these accounts. The Australian Bureau of Statistics' Personal Safety Survey, which records incidents of harassment and other violence, is the nearest thing to a complete data in Australia. However, it excludes anyone living in an institution or needing a support person. In other words, not even the largest survey in the nation is capable of hearing their story. There is a National Disability Abuse and Neglect Hotline but the data is kept under lock and key. It's too personal, the Department of Social Services says.

What we know is only from international evidence: children with disability are 3.4 times more likely to experience abuse and violence than their peers; women with disability experience domestic violence 37.3 per cent more often than other women; and women with intellectual disabilities are 50 and 90 per cent more likely to be sexually abused.

Jess Cadwallader, violence prevention advocacy manager for People with Disability Australia, says there are few places for people with severe disabilities — such as Peta Doig — to live. Their services are often provided by the same people who provide the home. If they complain, there is a fear of losing it all. For them, even the poorest accommodation is better than homelessness. So abuse is tolerated and, shut away from the rest of the world, it becomes almost normal.

There is hope, and fear, in what the National Disability Insurance Scheme will bring. On the one hand, the \$22 billion scheme promises choice. The scheme gives money to people with disabilities to buy what they need from whoever they choose, replacing the old system little by little before it comes fully on line in 2019-20. But there are fears it won't be enough.

"The NDIS is a really big, national, noble effort to change and there are some really great opportunities in it for people with good, strong networks of people around them," Robinson says. "I worry for those people who aren't well networked or connected in how the NDIS is going to safeguard them."

At the earliest stages of the Senate inquiry it is clear advocates and many in the sector want a national, statutory body that can investigate and resolve complaints. Only then, they say, can the fear of speaking up be reduced.

For people such as Peta Doig, it will come too late. The momentum forming behind the Senate inquiry builds towards one purpose: that it may never happen again. The inquiry chairwoman, Greens senator Rachel Siewert, says "People are paying attention, people are starting to be heard; the more we can get them to be heard, the more we can expose this and the broader community will get angry about this."



Image from [findingpeta.weebly.com](http://findingpeta.weebly.com)

## Abuse and Neglect

**Abuse** is when someone hurts or bullies you. Abuse could be someone hurting your body, hurting your feelings (for example by calling you names or threatening you), forcing you to have sex, or stealing from you.

**Neglect** is when someone doesn't look after you properly. Neglect could be things like not giving you your food, drink, clothes, medicine, or stopping you from feeling safe/comfortable and having a social life.

To read about WA Disability Abuse Inquiry or to tell your story, go to [www.wadisabilityabuseinquiry.com](http://www.wadisabilityabuseinquiry.com)



# Did You Know?



## \$15 Text SIM

Just text and data, no voice

Endorsed by



Deaf Australia is pleased to announce a partnership with not-for-profit phone and internet provider, Jeenee Mobile. Jeenee launched a new Deaf-friendly mobile phone plan which only include SMS and internet data (using Optus 4G network). This saves money for Deaf people who don't need a voice call service. The \$15 Text SIM plan offers unlimited text to any mobile phones across Australia plus 100MB of data for \$15 per month (plus a one-time \$20 set-up and delivery fee). There are also options to increase the monthly data

limit (with increased monthly fee). To find out more or sign up with Jeenee Mobile, go to their website [www.jeenee.org.au](http://www.jeenee.org.au).



It was in the news that a No-Fault Insurance Scheme has been included in the 2015-16 State Budget. It means from July next year, all people who are catastrophically injured in a vehicle accident will be insured regardless of who is at fault. This scheme will cost owners a maximum \$99 per year for the first year of each vehicle. Also in the announced State Budget is increased funding for disability sector of \$98 million or 11% to meet the growing need for disability services. This increased funding is aligned with the commitment for the expansion of NDIS in WA.



No Fault Pays  
No Matter Who's  
Responsible.



Led by founder Darren Lomman, the Dreamfit team of engineers, technicians and 'Dream Co-ordinators' source or create all kinds of weird and wonderful innovations such as off-road wheelchairs, modified bicycles, trikes, go-karts, or musical instruments to help people with disability participate in all aspects of the community. To find out more, check out their [facebook](#) page.



The ACROD Parking Program aims to support Western Australians with a significant mobility restriction to access the community. To be eligible, you must meet either criteria:

1. You are unable to walk and always require the use of a wheelchair; or
2. Your ability to walk is severely restricted by a medical condition or disability (can be permanent or temporary).

All applications must be endorsed by your Doctor or Occupational Therapist. For further

information or to get an application form, visit [www.app.org.au](http://www.app.org.au) or phone 08 242 5544.



The Companion Card is a card issued to people with a significant and permanent disability who require attendant care support from a companion to participate at venues and activities. To be eligible, you must meet four criteria:

1. You live in Western Australia;
2. You have a significant disability, which may include issues relating to age and psychiatric illness;
3. You would be unable to participate at community venues or activities without support; and
4. Your need for this level of support will be lifelong.

For further information or to get an application form, visit [www.wa.companioncard.asn.au](http://www.wa.companioncard.asn.au) or phone 1800 617 337.



Want to do more in your community? You may be eligible for a Community Living and Participation Grant (CLPG) from between \$500 and \$10,000. You can use the grant for equipment, resources, projects and activities. The CLPG program helps West Australians with a permanent disability to participate in social and recreational activities in their community.

As an example of what this grant can help you do: Sorrento cyclist Andrew Bannister in April 2015 was named series champion at the Australian National Para-Cycling Championships in Adelaide. Andrew, who has a physical and intellectual disability, can finally participate in the sport he loves after purchasing a specially-designed racing trike with funds from CLPG last year.

For further information, visit [www.clpg.org.au](http://www.clpg.org.au) or phone 08 9208 9830 (Tue and Wed).



# LORD YOU HOLD MY HAND

Song by Marian Kingsley

## CHORUS

Lord You hold my hand  
And show me the future You've planned  
You will not leave me  
Nor ever forsake me

When I'm afraid You are there  
When I'm in pain You are there  
When I'm lonely You are there  
When I'm overwhelmed You are there CHORUS

In dark times or good In sickness and health  
You stood by my side (x2) CHORUS  
Lord You are beautiful  
Tender and gentle to me  
Prompting a way ahead  
When all around seems dead CHORUS

I look into Your face My tears You do erase  
When I speak Your Word in faith Joy it does arise CHORUS  
Your power is in my mouth  
So let it loose  
You heal and protect today  
And are not far away (x2) CHORUS  
We're anointed for good So wait no more Get going  
He's done it all Praise Him on high. CHORUS



**This beautiful song was written by Marian Kingsley, initially to encourage herself as she encountered life challenges with her disability as well as being a single mother.**

**At times she found it difficult to cope and at such times she would remind herself that Jesus loves her and she would imagine Jesus sitting next to her.**

**Through this song, she would like to share that reminder: that when we're struggling and feeling overwhelmed, we just need to imagine Jesus sitting next to us, as we know that Jesus never leaves us and forsakes us.**



The email that started it all: "Hi, my name is Tim. I'm 23yrs old, I love going to the beach, watching movies, and hanging out with others. I don't have any friends. If anyone is interested in getting to know me, please get in contact."

This email sent five years ago to students of an Occupational Therapy school got Nick Maisey, one of the students, thinking. Nick met Tim and found out that Tim had a physical disability, which required him to spend a full day sending the short email, a task that many of us would perceive as 'simple.' Tim had the courage to make a brave statement that he did not have any friends, and took the initiative to contact the school. Nick reflected on the challenges and barriers that preventing many individuals from having friendship, something many of us take for granted.

From there, Nick and some friends started **Befriend**, which now operates two social enterprise projects that create opportunities to connect people:

**Befriend Social Network** is a community of 3000 adults living in Perth who meet up at regular social gatherings, with an aim of creating a culture of inclusion that bring everyone together. The network creates opportunities to meet people from diverse backgrounds. Anyone can join and anyone can host events.

- **The eFriends Project** is a technology training program that supports individuals to use technology in a way that connects them to their families, friends and wider community. The training is person-centred, fun and creative, and personalised to each person's goals and skill level. To find out more about **Befriend** and their two projects, go to [www.befriend.org.au](http://www.befriend.org.au).

## Welcome Auslan Cafe 3<sup>rd</sup> Sundays at Emmanuel Centre



- 25 Windsor St, Perth. 19<sup>th</sup> July, 16<sup>th</sup> August and 20<sup>th</sup> Sept, start 10:30am - finish at 12:30pm.
  - This is a free event. Open to anyone, everyone.
  - Bring your friends. Learning Auslan is fun!!
- Please RSVP if you want to stay for a light lunch with us after the Auslan lessons.
- Any questions, welcome to ask Barbara Harris on [emmanuelcenter@westnet.com.au](mailto:emmanuelcenter@westnet.com.au) or PM (private message) [www.facebook.com/auslan.live](https://www.facebook.com/auslan.live)

# The Dignity of Hayden's Risk

(Article by Thea Calzoni and photo from [Every Australian Counts website](#).)



Hayden McLean can't live with his family, and nor should he be expected to at 36 years of age. He needs his space for his projects such as French knitting and drawing. He likes to be free and explore the world around him. Hayden won't live in locked facilities like those where the Victorian Department of Human Services tried to keep him restrained for eight years. Sure, he has autism, epilepsy and intellectual disability, but he still has rights.

Six years ago, his restraint was found to be illegal under the Disability Act, because alternative, less-restrictive measures had not been fully explored. Since then, his mother, Dariane, has found a rental property for him not far from the family home. In partnership with Hayden, she manages the disability fund allocated to his support. Together, they recruit support staff who are responsive to his sensitivities to noise and aggression and who respect his right to 'access the community' when he sees fit.

Hayden has had hundreds of encounters with police and security guards. He has often taken items from shops, like wool for his French knitting, or frightened customers by throwing to them what he calls 'gifts' – his hand made pom-poms.

Dariane has worked to successfully convey to shop keepers, security officers and the local community that Hayden's antics with wool are his attempts to contribute and communicate. She is also overseeing a strategy for Hayden to learn to pay for the things he takes from shops. The support worker's job is to quietly explain to Hayden, for however long it takes, that he is a grown-up and paying for things is the proper way to shop. The first time it took four hours to convince Hayden to return to the store with the treasure he had taken, to pay for it or give it back. The second time it only took two hours. Hayden is proving that he can be law abiding when he understands that is what adults do. Today, Hayden is a well-known local eccentric figure who has become more appreciated since he and his mum were able to direct the nature of his support and accommodation. It's evident that Hayden is content living with his freedom.

In February, Dariane McLean was recognised for her persistent action in support of Hayden's rights when she received an award from the Victorian Advocacy League for Individuals with a Disability. In her acceptance speech, she made the point that Hayden has advocated passionately himself for his own rights. She said he repeatedly demonstrated his unhappiness by self-harm and efforts to escape his confines. Dariane understood that Hayden's challenging behaviour was an effort to communicate that he wanted to experience a life of his own choosing. She is also an advocate for the rights of other people with disabilities, understanding that the challenging behaviour of those who are shut away for their "protection" is often a cry for freedom.

For parents and support workers alike, it can be hard to contemplate that people with disabilities should be allowed the dignity of risk. Hayden's achievement of appropriate housing and support, won with Dariane's passionate advocacy, has shown us the way forward

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## What is the NDIS?

### How can it help children and adults?

### How is it being rolled out in the Perth Hills?

Come to one of these meetings to find out more.

Help us reach out to people with disability, including children with developmental delay, who live in the City of Swan and Shires of Mundaring and Kalamunda.

Everyone welcome. Auslan interpreters provided—please request this when you RSVP.

**When:** 9.30-11.30; First Friday each month—7<sup>th</sup> Aug, 4<sup>th</sup> Sep, 2<sup>nd</sup> Oct, 6<sup>th</sup> Nov, and 4<sup>th</sup> Dec 2015.

**Where:** National Disability Insurance Agency, 78-80 Railway Pde (corner Marion St), Midland.

**RSVP:** [engagementWA@ndis.gov.au](mailto:engagementWA@ndis.gov.au) or phone 08 9278 9043 (please mention if you need Auslan interpreter).

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## WHAT'S ON MONDAYS?

## WHAT HAPPENS ON MONDAYS?

**Challengers:** Run by the Girl Guides this program every Monday teaches participants about many different things: like First-Aid, Flags of the World, Musical Instruments from wind to stringed, Eating Healthy, Performing Arts, to mention a few. Every week is different and every week is fun.

**Preparing Lunch:** Lesley and her helpers prepare lunch for about 20 people. The recipes are nutritious and delicious.

**DRUMBEAT** every 2<sup>nd</sup> Monday: **Developing Relationships Using Music, Behaviours, Emotions, Attitudes and Thoughts** help people through drumming. It is amazing the range of emotions, for example, that can be demonstrated using simple Jambé drums.



## Emmanuel Centre hosts accessibility seminar for events

*(article and photo from The Record Jun 2015)*

Some 22 representatives from across the Perth Archdiocese recently attended a one-day professional development workshop, with the aim of demonstrating how to make events more accessible. The workshop included simulation exercises, with some people using wheelchairs, a walker, a gopher, a blindfold, or a sign that said "I am deaf" in an effort to provide greater understanding of how those with a disability cope with the challenges and difficulties they experience.

Participants undertaking the simulation using a wheelchair or a walker were confronted with negotiating doorways and other challenges, such as stairs. They were amazed at the difficulty they faced when using a wheelchair, with some participants saying that prior to the workshop, they would not give a second thought to the challenges faced by those with a disability.



*Simulation exercises were used at an Archdiocesan Professional Development workshop conducted by the Emmanuel Centre.*

Attendees were also told not to use their voices to communicate to make the simulation a realistic challenge. "One participant who was given the task to communicate with a deaf person without using her voice, said that she has a new incentive to learn sign language," Fr Paul Pitzen, from the Ministry with Deaf and hard of hearing, said.

Emmanuel Centre Co-ordinator Barbara Harris explained that the workshop talked about what can be done to provide greater access as well as what not to do. Participants looked at many different issues, including how to set up a room for a meeting, for example arranging the chairs so that everyone has a clear view.

"A starting point was with issuing invitations to an event. Questions such as, how do we invite people? Do we use all the means of communication that we have available such as social media? "Another question that needs to be asked was, what colours do we use for our invitations?" said Barbara Harris, who is herself colour blind.

Fr. Paul Pitzen also said that several volunteers at Emmanuel Centre have been learning how to caption and AUSLAN videos. The Emmanuel Centre is prepared to work with anyone who wishes to make their events and services more accessible for people with disability. For more information, check our website

[www.emmanuelcentre.com.au](http://www.emmanuelcentre.com.au) or contact Barbara Harris on 08 9328 8113/ [emmanuelcentre@westnet.com.au](mailto:emmanuelcentre@westnet.com.au).

## Words That Work

*(edited from WA Disability Update May 2015)*

How we write and speak about people with disability can have a real impact on the individual and on community attitudes. Some words and phrases can degrade and diminish people with disability. Others perpetuate inaccurate stereotypes, removing a person's individuality and, in some cases, their dignity. Phrases referring to people with disability that should be avoided include 'wheelchair-bound' or 'confined to a wheelchair,' 'sufferer' or 'victim,' 'birth defect' or 'deformed,' 'brave' or 'special,' 'handicapped' or 'cripple.' For a handy guide to talking or writing about disability, go to <http://bit.ly/countmeinwords>





# LISA'S TREE

**DEDICATED TO MY MUCH LOVED DAUGHTER—BY PAT MAHONEY**

Lisa passed away on May 23<sup>rd</sup> 2015 at the age of 51 years after a long battle with cancer. Her love of nature and especially the native forest adjoining her home in Nannup was a great inspiration and source of spiritual renewal for her over many years.

Lisa's love of trees began at an early age. I well remember her at about 12 years of age bringing home a small seedling eucalypt which she found near the swimming pool where she trained twice a day (she was an excellent swimmer). We have a small park opposite our house so I suggested to Lisa that we plant it there where we watched it grow and mature—we had a special connection with that tree.

About three years ago Lisa contracted an aggressive cancer of the mouth which she suffered with remarkable courage and fortitude. It was evident 4 or 5 months ago that she was unlikely to survive. At this time I had noticed that the tree was also not doing very well and I could not help but make the connection with Lisa's situation.

As we often did, we were observing the tree during one of Lisa's rare visits to the city. She remarked to me—"The tree is dying, Dad" and I responded that it still had some green growth knowing however she had made the connection between the tree and her own situation.

Not long before she passed away the tree died and the shire came and cut it down. I was grateful that Lisa did not witness the end of her tree. I related the story to the shire and they are looking at replacing the tree for me and Lisa.

Lisa herself needs no replacing—she's in God's house and in my heart.

The following is an excerpt from an article written by Lisa after one of her forest walks which she undertook almost everyday:

THERE IS SOMETHING VERY SPECIAL ABOUT RAIN DRENCHED FOREST FOLIAGE,  
BASKING IN AN AUTUMN MORNING SUN.  
EVERYTHING SEEMS INTENSELY ALIVE, BIGGER, BOLDER, BRIGHTER THAN USUAL.  
THE SHEOAK ONCE AGAIN SHINES (BOTH FIGURATIVELY AND LITERALLY).  
INFINITELY MORE IMPRESSIVE THAN THE BIGGEST AND BEST OF FIBRE OPTIC CHRISTMAS TREES,  
IT DISPLAYS BRILLIANT BAUBLES OF RAIN DROPS;  
SOME SINGLE SPHERES ON AN ELEGANTLY DROOPING NEEDLE;  
SOME, WHERE THE FINE LEAF HAS ENOUGH ROOM TO LAY HORIZONTAL,  
A ROW OF THESE PERFECTLY FORMED BALLS OF H<sub>2</sub>O.  
AN INTIMATE INSPECTION REVEALS A KALEIDOSCOPE DISPLAY OF REFRACTED LIGHT.  
AT CLOSE QUARTER PURPLE, GREEN AND RED JOYOUSLY ERUPT,  
DEPENDING ON THE ANGLE OF VIEW.  
AT A DISTANCE, THIS MANTLE OF MOISTURE SHIMMERS SOFT AND SILVER,  
GIVING RISE TO GHOST TREES THAT THIS TIME, ARE ACTUALLY THERE.



*Lisa Mahoney with her niece*

## OTHERS WHO HAVE DIED RECENTLY INCLUDE DR HARRY BLACKMORE, MRS MARIE HILL, AND WINNIE CHIPLIN

### DR HARRY BLACKMORE OAM



On Saturday 20th June, Dr Harry Blackmore passed away peacefully in his sleep.

His family appreciate the prayers of his friends at this sad time.

**Dr Blackmore's many accomplishments [ (Thanks to the W.A Deaf Society for info)**

- Started education classes for Deaf people in the 1970s which became a formal Continuing Education for the Deaf program in 1984.
- Ran religious services for Deaf people.
- Awarded a Member of the Order of Australia in June 1985
- One of the first NAATI accredited level 3 interpreters
- In 1996, to celebrate the centenary of the West Australian Foundation for Deaf Children, Dr Blackmore, with the centenary committee, compiled the magnificent publication "The House on the Hill"

### MRS MARIE HILL



Marie and her husband Reg (deceased) were members of the Catholic Association for special Education Support . This group supports Parents of children with disability to find inclusion in Church and community.

Marie died April 15th 2015. Sympathy to her family particularly Maria Lisa.

### WINNIE



Winnie attended programs & activities at Emmanuel Every Monday and Tuesday

Winnie died suddenly on July 7<sup>th</sup>. Rest in Peace Winnie. We will miss you knitting and reading.

## Youth Events

Catholic Youth Ministry (CYM) is the official agency supporting youth ministry in the Archdiocese of Perth. They aim to connect young people aged 13-30 with faith based groups and movements to assist them in developing their spiritual life.

Youth Events coming up: Australian Catholic Youth Festival (Adelaide: 3-5 Dec 2015); World Youth Day (Krakow, Poland: 26-31 July 2016).

Check their website for more details of the above and other events such as youth groups, retreat, rallies, and more. For special needs youth, feel free to contact the CYM office to connect with a youth group that can facilitate the appropriate support.

Email: [admin@cym.com.au](mailto:admin@cym.com.au) / Phone: 9422 7912/ Website: [www.cym.com.au](http://www.cym.com.au) / Twitter: @cymperth/  
[www.facebook.com/CatholicYouthMinistryPerth](https://www.facebook.com/CatholicYouthMinistryPerth)



Pregnancy Assistance Inc. invites you to a special



Principal Celebrant

# Mass and Morning Tea

## Saturday 18<sup>th</sup> July 2015

### Mass 9.30am



Concelebrant

**The Most Reverend Bishop Don Sproxtan    The Most Reverend Emeritus Archbishop Barry Hickey**

## St Mary's Cathedral Victoria Square, Perth

**Followed by morning tea downstairs in the function room**

Please join us on this special occasion to meet the Members, Board of Directors, Coordinator, Volunteers all those involved in Pregnancy Assistance. [info@pregnancyassistance.org.au](mailto:info@pregnancyassistance.org.au)

**DEAR GOD,  
I WANNA TAKE A  
MINUTE, NOT TO ASK  
FOR ANYTHING FROM  
YOU, BUT SIMPLY TO  
SAY THANK YOU,  
FOR ALL I HAVE.**

## Newsletter

If you would like to receive Emmanuel Centre's Newsletter; give us your name and address and tell us how you want it:

- \* Braille
- \* Mail/Email
- \* Large Print
- \* Or other format,
- \* Audio CD please let us know.

**Email:**

[emmanuelcentre@westnet.com.au](mailto:emmanuelcentre@westnet.com.au)

**Website:** [www.emmanuelcentre.com.au](http://www.emmanuelcentre.com.au)

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